



# The Arc Minnesota

## Coaching Series: Getting Ready for Interviews



When you find a job you want, you will probably need to do an interview. Practicing can help you feel more prepared and confident.

Here are some questions asked in an interview. Write down or think about your responses. Then ask someone you trust to ask you these questions in an interview format and help you practice.

### **Tell me about yourself**

### **What are your strengths?**

### **What are skills you need to build for the job you want?**



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Here are some more common questions asked in an interview. Write down or think about your answers.

After writing down your responses, ask someone you trust to go through this worksheet and help you practice.

**Where do you see yourself in 5 years?**

**Why should I hire you?**

**Do you have any questions for me?**