Understanding Disability Rights and Disability Justice
Disability Rights

A social justice movement that works to achieve rights for people with disabilities through laws and policies.

Disability Justice

A social justice movement that builds off the disability rights movement and centers the leadership of people with disabilities who historically were not included in the disability rights movement, such as:

- Lesbian, Gay, Bisexual, Transgender, Queer, Two-Spirit (LGBTQ+)
- Black, Indigenous, and People of Color (BIPOC)
- Woman
- Immigrants
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<th>Disability Rights</th>
<th>Disability Justice</th>
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| People who are a part of the disability rights movement are working to create and change laws and structures in society we rely on such as:  
  - Legal rights  
  - Caregivers  
  - Access to education  
  - Public housing  
  - Transportation | People who are a part of the disability justice movement are working to end ableism, and create a world where all people with disabilities are:  
  - Free  
  - Respected  
  - Valued for exactly who they are  
  - Live the life they want |
The disability rights movement focuses only on one part of a person’s identity. Forgetting about all the other parts that make people who they are, such as:

- Race
- Gender
- Age
- Religion

Disability Justice has 10 principles to help include people with all disabilities in the fight for justice:

- Intersectionality
- Leadership by the most impacted
- Anti-Capitalist Politics:
- Cross-Movement Solidarity
- Recognizing Wholeness
- Sustainability
- Cross-Disability Solidarity
- Interdependence
- Collective Access
- Collective Liberation
Leadership in the disability rights movement has centered the lives of white people with disabilities.

Leadership in the disability justice movement centers people with disabilities who are:

- Lesbian, Gay, Bisexual, Transgender, Queer, Two-Spirit (LGBTQ+)
- Black, Indigenous, and People of Color (BIPOC)
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| Centers people with physical disabilities leaving out people with other types of disabilities. | Disability Justice recognizes that each person experiences disability differently and those differences shape:  
  - Our relationships  
  - Health outcomes  
  - Quality of life  
  - Ability to be seen and heard |