**Who should not wear a mask?**
- Children under age 2.
- Anyone needing help to remove the mask.
- People who have trouble breathing.

**DO:**
- Wear a mask that fits well and is comfortable.
- Choose a mask that offers the best protection. N95 or KN95 masks are best, if you can.
- Or, a mask with at least two layers of tightly woven fabric.
- Make sure your mask completely covers your nose, mouth, and chin.
- Clean your hands before and after touching your mask.
- Wash your cloth mask each time you use it. If reusing N95/KN95, store in a paper bag.

**DO NOT:**
- Wear a mask that is dirty, damp, or damaged.
- Wear your mask below your nose.
- Wear a mask with gaps on the sides of face or nose.
- Pull the mask down under your chin.
- Touch the front of your mask while wearing it.
- Share your mask with other people.