Share Your Story

One of the best ways to create change in our communities is to share personal stories with elected officials, and this is especially important for members of the disability community.

What is “my story”?  
- Your story is when you share about your life

Why should people share their stories?  
- Elected officials make rules and laws called policies, that affect persons with disabilities.
- Elected officials need to think about what policies people want.
- They need to learn how a problem affects people in real life.
- When people who have disabilities lead and share their own stories, other people understand it is possible for them, too.

What should I share in my story?  
There are four key things to include in your personal story for an elected officials:

1. Introduction  
2. Issue or Problem  
3. Solution and “Ask”  
4. Closing and “Thank You”