DETS
The ACT Disability Equality Training Series

DETS 101 Course: Self-Advocacy Basics is a virtual entry-level course to help:

- Build personal power
- Learn about the rights movement for disability equality and how it applies to them
- Act together to contribute to the community
- Build your identity as a "self-advocate" through participatory, fun exercises

If you are interested, please contact:
Dhanya Delehanty at The Arc Minnesota Southeast
Phone: 507-513-7621
Email: dhanyadelehanty@arcminnesota.org