



Arc Cooks is a cooking series created by self-advocates and allies of people with intellectual and developmental disabilities. During the COVID-19 pandemic, people are cooking at home more. These recipes help inspire and teach.



Nate's Snickerdoodles

Ingredients:

- One stick of butter OR ½ cup of margarine
- One tablespoon of water
- One egg
- Cinnamon sugar



Instructions:

1. Wash Your Hands
2. Preheat oven to 375 F (350 F with a dark or non-stick cookie sheet)
3. Grab a medium bowl and melt the butter/margarine
4. Mix together the butter/margarine, water, and egg in a bowl until the dough is soft
5. Pour cinnamon sugar into a small bowl. Drop tablespoon sized balls of dough into the sugar one at a time and roll until well coated.
6. Place dough 2 inches apart on the baking sheet
7. Bake for 8-10 minutes (regular sized cookie)
8. Bon Appetit! Enjoy!

