



## The Arc Minnesota West Central Region events

**Non Arc events** in the region. Click on links for more information.

March 6<sup>th</sup> – [The Arc Cass County](#) 12<sup>th</sup> Annual Fashion Show. Dakota Medical Foundation.



Thursday, March 19th  
8:00AM to 5:00PM

Ramada by Wyndham  
3333 13th Ave S  
Fargo, ND

Opening – ND State Superintendent Kirsten Baesler  
Keynote Speaker - Dr Ross Greene  
[More information and registration](#)

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Wednesday, March 18th  
6:30-8:00PM @ West Acres Cinema  
**Award Winning Documentary "The Kids We Lose"**  
Free Admission - Open To The Public

### [ABC's of the IEP: Transition age Students & Parents](#)

**Date:** Tuesday, April 7, 2020 — 6 - 8PM  
**Location:** [Detroit Lakes - Map and Address](#)  
This workshop helps parents and students in 8th grade and above understand how to use the Individualized Education Program (IEP) to support the transition to adulthood. Students can register separately for their own workshop where they will have the opportunity to talk about what transition means to them, learn about the laws that support transition, get to know their IEP better, and create a self-advocacy tool.

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### On-going

[The Arc Cass County](#) - [YES! I AM CREATIVE](#), specifically designed art classes to engage, interact, support and celebrate the innate creative spirit of every individual.

Project classes are offered usually on the second Tuesday of every month at The Arc office, Fargo

**Aktion Clubs** – (Kiwanis service club for people with a disability)  
\*\*Alexandria – contact [jdbeck@centurylink.net](mailto:jdbeck@centurylink.net)  
\*\*Fargo-Moorhead – 2nd Monday of each month, September-May, 6:30-7:30 - A community-service group for adult citizens living with disabilities. Aktion Club is sponsored by Kiwanis. Contact [Barb Grabar](#). Fargo North High School.

Friday night [Activity Center](#) dances, 7-9pm, at **RDJ Rec Center**, 1104 2nd Avenue S, Fargo. \$1.50 fee. 701-235-2444.

**Darby's Dancers** for individuals with disabilities, divided into various age groups. FREE. [Schedule](#). [Red River Dance & Performing Company](#), Fargo.

FM [Autism Support Group/FM Special Needs Support Network](#) - 1<sup>st</sup> Thursday of the month, 6-8pm. Downtown YMCA, Fargo. Childcare available. [Brianna Schjei](#) 320-815-7288

**Gigi's Playhouse**, Fargo. Ongoing activities and tutoring for various ages.

### **Friendship Club - Special Needs Group**

Wednesdays  
Supper served 5:30p-6:30p; Friendship Club 6:45p-8p.  
101 Foundation Ave, Glyndon, MN  
**Cost:** Free will donation for supper  
**Info:** Special needs students ages 7th grade and up Bible study, crafts, and fellowship time together!! For more information please contact Karen Urlacher (218) 790-4771 or [gkurlacher@yahoo.com](mailto:gkurlacher@yahoo.com)

### **J-Team Special Needs Teen/Adult Sunday School**

Sundays, 10:30am-11:45am. Salem Evangelical Free Church Moorhead Campus, 1111 30th Ave S, Moorhead.  
**Info:** Geared for ages 5th grade to adult. Bible lesson, games, worship, and prayer focus. For more information please contact Karen Swanson (218) 329-0281 or [lkswanson@midco.net](mailto:lkswanson@midco.net)

[Jesus Cares Ministry](#). 6:30 pm - 7:30, 3rd Tuesdays of each month, September - May. Please sign up ahead of time. [Ascension Evangelical Lutheran Church, Moorhead](#). [jcm@ascensionmoorhead.org](mailto:jcm@ascensionmoorhead.org).

### Red River Valley Asperger-Autism Network sponsors:

- \* **Game On** days, 6-9pm, on the 1<sup>st</sup> and 3<sup>rd</sup> Mondays of each month, for Middle and High School; Ages 17 and up – Meets every 4<sup>th</sup> Monday. Section 9 Cyber Café, 1142 17th Street N, Fargo.
- \* **Poker & Game Night** at Rosey's meets every other month from 6 pm– 8 pm at Rosey's in downtown Fargo. Refreshments and non-alcoholic beverages are served free of charge
- \* **Lunch & Learn**, 3rd Thursday of each month, noon to 1pm. Anne Carlsen Center, 4152 30th Ave. S, Fargo
- \* **Lego Group** For Children and Teens- 3rd Saturday of each month - 9:30 -10:30, **Olivet Lutheran Church**, Fargo.

**S.U.P.E.R. Adventures Thursday**, an informal social group for youth and young adults with disabilities. Typically, from 6:30pm-8:30pm, but not always. Fargo Moorhead area. Year round. Mandy Johnson (701) 799-6742 or Kristen Salier (763) 486-2111

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### Special Olympics

#### MN Special Olympics Area 4

Dilworth Young Athletes - an innovative sports play program that introduces children ages 2-7 years old with and without intellectual disabilities to the world of sports.

Sundays, October 6 - December 22<sup>nd</sup> @ 4pm – 5:30 pm

contact Nicole Reno - 218.299.5120

Dilworth Elementary School

108 Main St N, Dilworth

#### Area 4 Special Olympics Contacts

Alexandria Lakes Area Team Area 4, community-based Contact: [Kari Tomoson](#)

Breckenridge Community Area 4, community-based Contact: [Amanda Hinrichs](#)

Detroit Lakes Area Area 4, community-based Contact: [Krysta Lipton](#)

DGF Special Olympic Area 4, school-based Contact: [Kari Middendorf](#)

Fergus Falls Community Area 4, community-based Contact: [Cate Walz](#)

Fergus Falls Junior Team Area 4, school-based Contact: [Dawn Birch](#)

Frazee Super Stars Area 4, school-based Contact: [Lynn Tappe](#)

Moorhead Special Olympics Area 4, community-based Contact: [Wayne Brendemuhl](#)

Morris Community Prairie Stars Area 4, community-based Contact: [Christine Hopkins](#)

Pelican Rapids Special Olympics Area 4, school-based Contact: [Karli Kirkwood](#)

Pinecones Area 4, independent Contact: [Jerilyn Skjogstad](#)

SOMN Perham Area 4, community-based Contact: [Corinne Schattschneider](#)

West Central Area Schools Area 4, school-based Contact: [Maggie Dahl](#)

Wheaton Area Special Olympics Area 4, school-based Contact: [Mary Armstrong](#)

#### Fargo Area 6 Special Olympics

[Calendar](#). Moorhead residents welcome