

Arc Guide to the Developmental Disabilities (DD) Waiver

The DD waiver is one Home and Community-Based Services (HCBS) option. HCBS assists individuals with a disabilities to live in the community with services and supports to meet their needs. The DD waiver is one of many HCBS options in Minnesota.

The Developmental Disability (DD) waiver is one HCBS option. To be eligible for DD waiver services, an individual must meet all the requirements listed below:

- Eligible for Medical Assistance.
- Diagnosed with a developmental disability or be diagnosed with a disability that is similar to a developmental disability. (A disability similar to a developmental disability may be called a related condition.)
- A comprehensive assessment has determined a need for services and supports that would otherwise be provided in a group home (called an Intermediate Care Facility - Developmental Disabilities or ICF/DD). This assessment is usually a MnCHOICES* assessment.
- Need a 24-hour plan of care. This means daily assistance and services to take care of oneself, one's home, participate in the community, etc.
- Require “active treatment” and a “residential habilitation service”. This means the individual needs:
 - Teaching and training to learn skills
 - Assistance with applying skills learned in one situation to a different situation.
- Make an informed choice to live in the community and not licensed Intermediate Care Facility/Developmental Disabilities (ICF/DD).

There are a variety of services available through the DD waiver. The specific services available to the individual are based on the assessment and a discussion with the individual and the case manager (social worker) on the services needed. The services to be provided are documented with the individual's Coordinated Services and Supports Plan (CSSP).

List of services available from the DD waiver:

- 24-hour emergency assistance - on call assistance that may require an immediate response. This does include electronic response systems.
- Adult day services - for an individual 18 and older who needs supervised care outside of the home during the day
- Adult day services bath - a bath provided by adult day or family adult day when a bath can't happen in the individual's home
- Assistive technology - devices or equipment to help an individual communicate, control her environment and do daily tasks
- Caregiver living expenses - expenses a caregiver, who lives with the individual, has while providing services
- Case management/service coordination - the person from the county or contracted with the county to help the individual get and keep services

Arc Guide to the Developmental Disabilities (DD) Waiver

- Case management aide - person who assists the case manager with some tasks
- Chore services - assists the individual to keep a clean and safe living situation
- Consumer Directed Community Supports (CDCS)** - allows the individual to have greater control of the services and supports
- Crisis respite - short term care because the caregiver needs support, to protect others living in the home, individual's needs medical or behavior help
- Day training and habilitation (DTH) - services that help an individual learn and keep skills, often has a work focus
- Employment development services - helps an individual become competitively employed, working with others without disabilities, or become self-employed
- Employment exploration services - helps an individual learn about competitive employment, activities related to exploring competitive employment
- Employment support services - helps an individual maintain a paid employment in an integrated community setting
- Environmental accessibility adaptations - physical adaptations to a person's home or vehicle to be health and safe or increase independence
- Extended personal care assistance (PCA) - individual needs more assistance with daily living tasks than is available through state plan PCA services (what MA typically pays for)
- Family adult day services - for an individual 18 and older who needs supervised care outside of the home during the day, this is usually provided in a foster care setting
- Home-delivered meals - meal delivered to the individual's home
- Homemaker - assistance with cleaning and home management
- Housing access coordination - assistance to plan for, find and move to a home of one's own
- Night supervision - assistance when an individual needs awake staff in their own home
- Personal support - supervision and assistance provided to an individual to increase independence
- Remote support - real-time assistance using a telephone, text or video conference
- Residential habilitation - includes in-home family support and supported living services (SLS), service focuses on increasing and maintaining an individual's skills and abilities
- Respite - services provided to an individual when the primary caregiver is absent or needs a break
- Specialist services - services provided by a highly skilled person to increase an individual's skills
- Supported employment services - this services is being replaced by other employment services in September 2018
- Transitional services - items and expenses to assist an individual move into his own home
- Transportation - assists an individual get to places in the community

Arc Guide to the Developmental Disabilities (DD) Waiver

Specific services provided must:

- Meet the individual's needs based on the assessment.
- Meet the individual's desires and preferences.
- Ensure health and safety.
- In relation to the cost of services, be typical.
- The individual needs more services than are available through other funding options.

Resources

*Arc Guide to MnCHOICES

https://arcminnesota.org/content/uploads/sites/3/2018/05/Arc-Guide-to-MNChoices_-April-2018.pdf

**Arc Guide to Consumer Directed Community Supports (CDCS)

<https://arcminnesota.org/content/uploads/sites/3/2016/04/Arc-Guide-For-CDCS-Parent.pdf>

Information from Department of Human Services (DHS) DD waiver manual

https://www.dhs.state.mn.us/main/idcplg?IdcService=GET_DYNAMIC_CONVERSION&RevisionSelectionMethod=LatestReleased&dDocName=ID_000857

August 2018