

Additional Agencies and Programs: West Central Region

In addition to The Arc Minnesota, the agencies, organizations, and programs below in the West Central Region also work with individuals with intellectual and other developmental disabilities and their families. The services are listed on the following pages under these categories:

- ❖ Agencies Providing Multiple Services
- ❖ Advocacy
- ❖ Assistive Technology
- ❖ Attorneys
- ❖ Camps
- ❖ Crisis Respite Services
- ❖ Dental Services
- ❖ Employment and Alternative Daytime Programs
- ❖ Financial Assistance/Case Management
- ❖ Guardianship and Conservatorship Services
- ❖ Housing
- ❖ Recreation/Sports
- ❖ Self-Advocacy Opportunities
- ❖ Specialized Medical Evaluation for Various Disabilities
- ❖ Support Groups
- ❖ Therapy Providers
- ❖ Workshops/Trainings/Professional Development

❖ Agencies Providing Multiple Services

The following agencies provide services that may include those listed below. Services may be available in more than one location; agencies may provide more than one service. Click on the link to an agency, or call the phone number listed for more information.

- Supported Living Services
- Personal Support
- In-Home Family Support
- Homemaker
- Respite
- 24-Hour Emergency Assistance
- Chore Services
- Personal Care Attendant
- Adult Day Care
- Foster Care

[Access of the Red River Valley, Inc.](#)
Moorhead

[Accra - various locations](#)

[Allcare Home Care - Moorhead](#)
(218) 287-9148

[Arise Home Health Care](#) Moorhead, St.
Cloud

[Becker County Developmental Ach. Center](#)
Detroit Lakes

[Blue Sky, Inc.](#) - Detroit Lakes, Moorhead

[CCRI](#) - Moorhead

[CK Home Health Care, Inc.](#) - Fergus Falls

[Care 2000](#)
Fergus Falls (218) 736-6522
Moorhead (218) 233-1000

[Comfort Keepers](#)
Fargo

[Connections of Moorhead, Inc.](#)
Moorhead

[Disability Resources, Inc.](#) = Dilworth
(218) 287-3594

[Disability Support Inc.](#) - Moorhead
(218) 790-6504

[Divine House, Inc.](#)
Detroit Lakes, Moorhead

[The Family Link](#) - Moorhead

[Harmony Home Health Care](#) - Fergus Falls

[Heartland Industries / Adult Life Programs](#)
Moorhead

[Intrepid USA](#) - Fargo
(701) 271-0669

[Kessel Group Home](#) - Fergus Falls
(218) 736-6612

[Lakes Homes & Program Development, Inc.](#)
Detroit Lakes, Fergus Falls

[Lots 4 Tots](#) - Fargo
Jane Schank, 701-293-8133
Respite for ages 2+

[Lutheran Social Service of MN \(many locations\)](#)

❖ Agencies Providing Multiple Services (Continued)

MeritCare Home Care = Fargo
(701) 234-4900

Midwest Community Residential Services
Moorhead, (218) 287-5422
Fergus Falls, (218) 864-5609
Battle Lake

New Dimensions Home Health Care, Inc
Based in Fergus Falls

PCA Choice: contact **Nicole**, Moorhead

Path of MN - Moorhead

REM Central Lakes, Inc.
Elbow Lake and Fergus Falls Area

REM Greatland, Inc. - Alexandria
(320) 763-6889

REM-Northstar, Inc. - Moorhead
1-800-532-7655

Rich's EOT Home, Inc. - Perham
(218) 346-3960

Solutions Behavioral Healthcare Professionals, Inc.
Moorhead, Detroit Lakes, and Alexandria

Spectrum Support Services - Fargo
(701) 293-8172

Synstelien Community Services
Otter Tail County

Click on the link to each agency, or call the phone number listed for more information.

❖ Advocacy

[The Arc Minnesota -- West Central Region](#)
(218) 233-5949

[The Arc Minnesota - Statewide](#)
1-833-450-1494

[Freedom Resource Center - several locations](#)

[Legal Services of NW MN - Alexandria](#)

[Legal Services of NW MN - Moorhead](#)

[Minnesota Disability Law Office](#)
1-800-292-4150 (intake)

[PACER Center](#)

❖ Assistive Technology

[North Dakota Assistive Technology](#)

[PACER Simon Technology Center](#)

[Regional Assistive Technology Center](#)
218-477-4200

[System of Technology to Achieve Results \(STAR\)](#)

❖ Attorneys

[Lisa Bowen](#) - Alexandria

[JD Legal Planning - Susan Johnson-Drenth](#)
Fargo and Detroit Lakes, (701) 364-9595

[MN Disability Law Center](#)
Offices in Minneapolis, Duluth, Fertile, and Mankato

Click on the link to each agency, or call the phone number listed for more information.

❖ Camps

[Camp Knutson](#)

[Camp Grassik](#), 701-327-4251

[Discovery Camp](#)

[Joy Ranch](#)

[True Friends](#) (formerly Camp Courage and Camp Friendship) - [Locations](#) in MN

❖ Crisis Respite Services

[Access of the Red River Valley, Inc.](#) - Moorhead

[CK Home Health Care, Inc.](#)
based in Fergus Falls

[Family Link](#) - Moorhead
(218) 477-0333

[Lakes Homes & Program Development, Inc.](#)
Detroit Lakes, (218) 847-5642

[MA Home Care Services - New Dimensions Home Health Care, Inc.](#)
Fergus Falls, 1-800-395-9949

[Solutions Behavioral Healthcare Professionals, Inc.](#)
Moorhead, Detroit Lakes, Alexandria

❖ Dental Services

[Apple Tree Dental](#)

[Becker County Dental Outreach Clinic](#); 1-888-683-1038
Dental outreach serving children ages one through 12

[Dental Care Options](#) for Individuals on MN Health Care Plans

[Family Healthcare Emergency Dental Relief](#) - Moorhead

[Fergus Falls Community Dental Clinic](#) -218-739-7254

[Red River Valley Dental Access Project](#)

Click on the link to each agency, or call the phone number listed for more information.

❖ Employment and Alternative Daytime Programs

[Alexandria Opportunities Center](#) - (320) 762-2015

[Alexandria WorkForce Center](#)

[Becker County Developmental Achievement Center](#)
Detroit Lakes

[Blue Sky, Inc.](#) - Detroit Lakes

[Connections of Moorhead, Inc.](#) - Moorhead

[Community Support Services - NW Region](#)
Fergus Falls (218) 739-7259

[Detroit Lakes WorkForce Center](#)

[Douglas County Developmental Achievement Center](#)
(320) 762-1771

[Fergus Falls WorkForce Center](#)

[Grant County Developmental Achievement Center, Inc.](#)
(320) 986-2923

[Heartland Industries of Moorhead, Inc.](#) - Moorhead

[LSS Supported Employment Services](#)

[Mind Shift](#) - employment for people on the autism spectrum.

[Moorhead WorkForce Center](#)

[Norman County Developmental Activities Center, Inc.](#)
(218) 784-4582

[Productive Alternatives, Inc.](#) - various locations throughout region

[Rural Minnesota Concentrated Employment Program \(CEP\)](#)

[Vocational Rehabilitation Services](#)

[Wilkin County DAC](#)
(218) 643 - 2844

Click on the link to each agency, or call the phone number listed for more information.

❖ Financial Assistance/Case Management

[Becker County Human Services](#) - Detroit Lakes

[Clay County Social Services](#), Moorhead

[Disability Specialist, Inc.](#)

[Douglas County Human Services](#), - Alexandria

[Grant County Social Services](#) - Elbow Lake

[Norman County Social Services](#) - Ada

[Otter Tail Human Services](#) - Fergus Falls

[Social Security Administration](#) - Fargo (701) 234-0752 or 1-800-772-1213

[Wilkin County Family Service Agency](#) - Breckenridge

❖ Guardianship and Conservatorship Services

[Lutheran Social Service of Minnesota - various locations](#)
1-800-582-5260

[Payee Central, Inc.](#)
Alexandria

❖ Housing

[The Arc Minnesota Housing Access Services](#)
James, Mulvihill, West Central Region contact, (218) 287-1841

[Alexandria Housing and Redevelopment Authority](#)

[Becker County Economic Development Authority](#) - Detroit Lakes

[Breckenridge Housing Redevelopment Authority](#)

[Clay County Housing Redevelopment Authority](#) - Dilworth

[Douglas County Housing and Redevelopment Authority](#)

Click on the link to each agency, or call the phone number listed for more information.

❖ Housing (continued)

[Fargo Housing Authority](#) (also covers Moorhead city limits)

[Fergus Falls/Otter Tail Housing & Redevelopment Authority](#)

[Grant County Housing and Redevelopment Authority](#)

[Moorhead Public Housing](#), (218) 299-5459

[Perham Housing & Redevelopment Authority](#)

[Section 8 Housing \(Intro and Common Questions\)](#)

[Section 8 information from Housinglink.org](#)

❖ Recreation/Sports

[HOPE, Inc.](#)

[Special Olympics Minnesota - Minnesota Area 4](#)

Regional Contacts: Coordinator [Leah Wolkow](#), 320-760-7053
Alexandria - [Karyn Sportel](#)
Fergus Falls - [Dawn Birch](#); 218-739-4342
Moorhead - [Diane Brendemuhl](#), [Wayne Brendemuhl](#)
Perham - [Corinne Schattschneider](#), 218-758-3138

[Special Olympics North Dakota Area 6](#)

Includes Fargo, West Fargo, Moorhead, and surrounding communities

❖ Self-Advocacy Opportunities

Alexandria Community Education - [Classes for Adults with Disabilities](#)

Fergus Falls Community Education - [Choices for Adults With Disabilities](#)

[Freedom Resource Center](#)

Moorhead Community Education - [Choices for Adults with Disabilities](#)

❖ Specialized Medical Evaluation for Various Disabilities

[Sanford Coordinated Treatment Center](#), 701-234-6600

Click on the link to each agency, or call the phone number listed for more information.

❖ Support Groups

"A" OK Fergus Falls Area Autism Support Group

Contacts: Nicole (218) 736-6189, Anne (218) 998-3258, or Carrie (218) 739-3590
Meets the 2nd Saturday of the month, 9:30 -11 a.m.

Douglas County Autism Support Group and the Windmill Project

Contact: Sonja Kuhn

Fargo/Moorhead Autism Support Group

E-mail Rachel or call 701-371-7211

Meets 2nd Friday of the month, at Fargo Downtown YMCA.

Gigi's Playhouse - Down Syndrome Achievement Center, Fargo

Red River Valley Asperger-Autism Network Support Groups

Wahpeton Area Autism Support Group - Wahpeton, North Dakota

Contact Warren/Anne Retzlaff, 701-642-6733

White Earth Autism Support Group, (218) 983-3285

❖ Therapy Providers

Behavioral Health Associates

Beyond Boundaries Therapy Services, Fargo

Child and Family Therapy Associates, Fargo

Gigi's Playhouse, Fargo

Lakeland Mental Health, multiple locations

MSUM Speech-Language & Hearing Clinic

Miracle Horse Riders, Inc., Parkers Prairie, MN

Music Therapy in Motion

North Dakota Autism Center, West Fargo

Pediatric Therapy Partners, Fargo

Prairie St. John's, Fargo

Click on the link to each agency, or call the phone number listed for more information.

❖ Therapy Providers (continued)

[St. Mary's Essentia Pediatric Therapy Services](#), Detroit Lakes 218-847-0883

[Sanford Coordinated Treatment Center](#)

[Sanford Pediatric Therapy](#)

[Therapy Pets of the Red River Valley](#)

[TNT Fitness](#), Fargo

[Solutions Behavioral Healthcare Professionals, Inc.](#), Moorhead, Detroit Lakes, Alexandria

❖ Workshops/Trainings/Professional Development

[The Arc Minnesota - West Central Region](#)

The Arc Cass County (North Dakota) programs: [Retail Training Internship](#); [Life Academy](#)

[Clay County Collaborative](#)

[Freedom Resource Center](#) -- [various locations](#)

[Lakes Country Service Cooperative](#)

[Minnesota Organization on Fetal Alcohol Syndrome \(MOFAS\)](#)

[PACER Center](#)

[Red River Valley Asperger Network](#)

[The Windmill Project](#)

This resource list was compiled by The Arc Minnesota - West Central Region. Last update: 4/23/18

