



## Arc Guide to the Developmental Disabilities (DD) Waiver

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Home and community-based waiver services (HCBS) provide flexibility to allow states to develop and implement community-based for individuals instead of placing individuals in hospitals, nursing facilities or Intermediate Care Facilities for Persons with Developmental Disabilities (ICF/DD). HCBS allows individuals to be supported in the most integrated (inclusionary) setting possible providing additional services beyond the services provided by state-plan (typical) Medical Assistance (MA) services.\*

The DD waiver is one HCBS option. It is for individuals, both children and adults, with a developmental disability or a related condition who need the level of care that would otherwise be provided in an ICF/DD facility. Like all waivers, the DD waiver provides supports to an individual to live where they want in the community.

To be eligible for DD waiver services, an individual must:

- Have a developmental disability or a related condition (a condition similar to a developmental disability)
- Likely require the level of care that would otherwise be provided in an ICF/DD, this level of care is determined through the DD screening process. The person may also be currently living in an ICF/DD
- Be eligible for Medical Assistance
- Need a 24 hour plan of care, requiring daily interventions and daily service
- Have an assessed need for services and supports over and above those provided by state plan MA services
- Make an informed choice for home and community-based services instead of an ICF/DD

The services must:

- Meet the individual's needs, wants, and preferences after all options have been assessed
- In relation to cost, be considered reasonable and customary
- Exceed what may be covered by other funding options
- Assist in the development and maintenance of individual skills. For the DD waiver, this is called "active treatment"

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For further information or advocacy services, contact The Arc Greater Twin Cities at 952-920-0855 or visit [www.arcgreatertwincities.org](http://www.arcgreatertwincities.org). Thank you!

*This document is not legal advice, and should not be construed as such. Thus, no information herein should replace the sound advice of an attorney.*



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Application process: Contact your local county human service agency. Request a MN Choices assessment\*\*

Services available through the DD waiver:

- *24-hour emergency assistance*: on-call counseling and problem solving, immediate response for assistance
- *Adult day care*: planned program of activities to meet the health and social needs of a person 18 years old or over
- *Assistive technology*: devices and/or equipment to assist a person to communicate, access or control their environment or perform activities required for daily living
- *Caregiver living expenses*: expenses by a caregiver who resides with the person who also provides a waiver service
- *Case management*: services provided by the case manager (social worker) to assist the person to access and plan services
- *Chore services*: assistance to maintain the home
- *Consumer-directed community support*: an option that gives the person more flexibility and responsibility for directing services and staff, the person writes a plan describing how needs will be met
- *Crisis services*: short-term care and intervention to assist a person with medical and behavioral needs, to avoid placement
- *Day training and habilitation services*: supports to assist a person develop and maintain skills, participate in the community
- *Environmental accessibility and adaptations*: purchase, install, maintenance and repairs of environmental modifications and equipment, to home or vehicle
- *Extended home care services*: home care services that exceed those in state plan (traditional) MA services
- *Family counseling* - Services provided for the person and family; may be related to boundary issues, communication techniques, conflict management, family roles, problem solving, relationships
- *Family training* - Services provided for the person and the family, can be related to treatment, safety and equipment
- *Home delivered meals*: nutritional meals delivered to the person's home
- *Homemaker services*: general household activities
- *Housing access coordination*: services to assist a person to get housing and move
- *Personal support*: non-medical care, supervision and assistance
- *Residential habilitation*: assistance with acquisition, retention and/or improvement of skills, types of habilitation services are in-home family support and supportive living services (SLS)

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- *Respite care*: short-term care provided to the individual due to absence of or need for relief of the primary caregiver
- *Specialist services*: assessments, evaluation, monitoring, program development, training required to support needs that exceed state plan (traditional) MA services
- *Supported employment services*: services provided to a person in a paid employment situation who need intensive ongoing support
- *Transitional services*: items, expenses, etc. to assist a person move from a licensed setting into their own home
- *Transportation services*: transportation required to access community activities services

It is important to note that there may be a waiting list to receive a DD waiver.

\*This includes medically necessary hospital care, doctor care, dental services, therapies, counseling, medical transportation, home care, etc.

\*\*See Arc Guide to MnCHOICES

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